

Shree Swaminarayan Gurukul International School, Bangalore

RESIDENTIAL SERVICES

Shree Swaminarayan Gurukul International School serves you with a great will to bring traditional values, morals, and ethics along with catering parental care to your child. However, we regard every child as special, possess empathy, and at the same time regard everyone similarly to best provide our residential services to them.

Thus, we bring to your consideration, the following important things to remember, rules & regulations, dos & don'ts, whatever to ensure uniformity. We expect your committed cooperation and insist you to abide by the following.

FOR PARENTS

1. **Healthy Relationship:** Establish a healthy relationship with Hostel In-charge who will be your direct contact. Any special attention for the Health & Safety of the student can be communicated to Hostel In-Charge. However, adherence to the Academic Calendar and avoiding special recommendations for manageable leaves/meetings can help us establish a healthy relationship. Keep your contact details always updated with the Hostel In-charge.
2. **Parents Visit:** We have organized Parent Visit Schedules in the Academic Calendar at PTM intervals. You can come to Gurukul and meet your ward, come along with Parent ID Card. Any visit out of schedule shall be granted only with prior email approval permission. However, no arrangement of accommodation can be made for the Parents/guardians at Gurukul.
3. **CHECK-IN & CHECK-OUT procedures:**

Check-In is the process that is done every time the child report to the Hostel from outside of the campus. Similarly, Check-out is followed every time the child departs from the hostel.

Check-In:

- i. Welcome to Gurukul by Hostel Parent, who will ascertain your reporting to the hostel for the date of reporting, and office clearance and guide you to the Check-In counter.
 - ii. At check-in, various checks are made to ensure uniformity, discipline, and safety.
 - **Belonging Check:** All the items (including stationary, clothes, cosmetics, etc.) belonging to the child must have Member ID written, so that the safety of their belonging can be improved, any item without Member ID is deemed to be not belonging to the child. Thus, write the Member ID and send it to Hostel.
 - **Baggage Check:** Items disallowed by Gurukul are handed over to Parents/guardians without compromising.
- Disallowed items are**
1. Expensive Articles (like gold/silver ornaments, electronic gadgets, digital gadgets, mobile, cash money, etc)
 2. Any food item other than **Plain biscuits, fruits, and dry fruits.** (Chocolate & cookies Snacks prohibited)
 3. Indecent dresses, books, Smartwatches, addictive substances, surplus cosmetics, etc.

Check-Out:

- i. Every time the student is leaving the hostel for generic reasons or special consideration, the Parent should provide an Email, Consent letter which should authorize the person coming to receive the child.
 - ii. The request will be approved by Hostel In-charge to generate Gate-Pass. Any special leave can be requested but will be granted only after approval by the Principal. However, no leave will be granted for family celebrations, festivals, etc. that are not included in the academic calendar. 2 days' leave can be availed for a marriage of the Own Brothers/Sisters only.
 - iii. On the date, Parent/Authorized Person should carry Parents Card and collect Gate-Pass from Hostel Parent.
4. Hostel Accommodation is allotted for a minimum period of One Academic Year. Withdrawal in the middle or at any point of time is not admissible, in which case the amount paid as a fee will be forfeited. There will be no refund of money under any circumstances.
 5. Failure to adhere to the Terms & Conditions, governing the smooth functioning of the Institution is very serious and may lead to withdrawal of the allotment of the accommodation, Gurukul reserves the right to terminate the allotted accommodation in the Hostel, as well as termination from the School and forfeit of the fee paid & termination forthwith.

FOR STUDENTS

1. Build your own environment: Establish a good relationship with Hostel Parents. Feel free to share all your queries with them. Additionally, make good friendship with roommates and classmates. Make yourself a polite, accommodative, and charming personality. Make sure that your surroundings are neat and clean.
2. Be Responsible, Punctual & Disciplined:
 - a. Be responsible for your belongings, everything must have your Member ID written to ensure safety, any loss of items shall be your responsibility, however, Hostel Parent shall support you in case.
 - b. Respect everything that is given to you. Be responsible for things allotted to you viz. Bed, Cupboard, Desk, Chair, room walls, furniture, fittings, etc. Ensure that no writing, pasting, coloring, or damage is made to them. In such an incident you are answerable & chargeable. Additionally, saving water, and electricity in rooms while not in use can contribute to the environment.
 - c. Be punctual in various hostel timings. Make yourself quick and ensure that you are on time for all the places and activities. Every place (Study room, Dining Hall, Room, Prayer Hall, etc.) has its own discipline, dos & don'ts ensure the same to avoid retribution.
 - d. Be communicative, updated and approachable. Share and tell everything to your Hostel Parents about Health problems, academic problems, food, friendship, and everything. Dress yourself neat and tidy every time. Finish all your homework. Keep updated with the notice board time to time.
3. Avoid faulty practices. Playing in hostel lobby/rooms, disturbing students in study time, talking in dining hall, wasting food, use of harsh/bad words, using words/gestures that are offend, insults, humiliate, intimidate, threaten, disparage or vilify another person's descent or family status, quarreling or any kind of indecent activity will be viewed strictly.
4. Be very far from terminals. Use of chewing gums, addictive substances, smoking, drinking or damaging and indulging into disobedience, disrespecting elders shall be taken seriously and Gurukul reserves the right to terminate the allotted accommodation in the Hostel, as well as termination from the School and forfeit of the fee paid & termination forthwith.

Communication Channels:

- **Hostel In-Charge** – 93791 66142, (Email: bangalore@gurukul.org) contact between 9:00 am to 10:00 am and 5:00 pm to 6:00 pm **only Monday to Saturday.**
- **Public Relations Officer** – 98451 95000, 98458 95000 (Email: bangalore@gurukul.org)
- **Principal** – 9535252070, bangalore@gurukul.org

Day Schedule:

TIME	EVENT
5:00 AM To 6:00 AM	Good Morning, Refresh / Bath
6:00 AM To 6:30 AM	Pooja, Meditation & Saints Darshan
6:30 AM To 7:00 AM	Yoga
7:00 AM To 8:00 AM	Study Time (Under Supervision)
8:00 AM To 8:35 AM	Breakfast & Preparation For School
8:35 AM To 1:50 PM	School (Lunch During School Hours)
1:50 PM To 3:20 PM	Sports Coaching (As Per Time Table)
3:20 PM To 3:30 PM	Snacks
3:30 PM To 4:00 PM	Relaxation / Change Of Uniform
4:00 PM To 5:00 PM	Homework (Under Supervision)
5:00 PM To 6:15 PM	Casual Playing
6:15 PM To 6:30 PM	Refreshment
6:30 PM To 7:10 PM	Evening Prayer
7:10 PM To 7:30 PM	Spiritual Assembly
7:30 PM To 7:40 PM	General Instructions
7:40 PM To 8:10 PM	Dinner
8:15 PM To 9:15 PM	Study Time (Under Supervision)
9:15 PM To 9:45 PM	Home work Schedule
9:45 PM To 10:00 PM	Milk & Good Night

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CHECKLIST FOR HOSTELLERS

The following items should be brought at the time of Reporting.

Sl. No.	Items	Quantity	✓
1	Casual-wears + Formal wear + Nightwear	Total 8 Pairs	
2	Stitched School Uniform	2 Pairs	
3	Medicine / Immunity Boosters / Chyawanprash etc...	If required	
4	Any Traditional Dress – Like Sherwani {part of School/College Uniform}	2 Pair	
5	Dark Blue Cotton Jeans trousers {School Uniform} Black shoe {PUC Only} 1 pair	1 piece	
6	Stationery, Exam Pad, etc...	1 Set.	
7	Passport size Photographs	4 Nos	
8	Innerwear	4 Pairs	
9	Slippers for use in the bathroom	1 Pair	
10	Normal Footwear (Sandal / Slippers / Sports Shoes)	1 Pair	
11	Shoe Polish + Brush + Socks	1 Pair.	
12	Locks (Normal size, preferably same key for 3 locks each)	3 Nos.	
13	Blanket	2 Nos.	
14	Bedspread, Pillow cover	2 Set.	
15	Hand-Kerchief	4 Nos.	
16	Napkin	2 Nos.	
17	Bathing Towels & Bathing Shorts	2 Nos.	
18	Bucket + Mug + Soap Box + Toilet Soap + Washing Soap + liquid hand wash	1 Set.	
19	Toothpaste + Tooth Brush + Tongue Cleaner	1 Set.	
20	Water Bottle (Thermostable)	1 No.	
21	Hand Mirror. 6"x8" + Comb + Hair oil	1 Set.	
22	Oxford or Cambridge Dictionary	If Required	
23	Yoga mat	1 No.	
24	Sports Material + Swimsuit set	If Required	
25	Any other special items which the Student may require		

NOTE: All the items (including stationary, clothes, cosmetics, etc.) belonging to the child must have Member ID written.

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LIST OF ALLOWED & PROHIBITED ITEMS

To ensure Gurukul Discipline & keeping students' health into consideration, you are insisted to ensure the belonging of your ward is based on the following list of Allowed & Prohibited Items.

📌 **Item allowed inside the Gurukul :**

- 1) Dry Fruits
- 2) Fruits
- 3) Biscuits (limited to Max. 10 Packets)
- 4) Pickles without (Onion, Garlic, or Asafoetida)
- 5) Milk powders like Bornvita, Boost, Horlicks, Chocos, etc.
- 6) Decent wristwatch & alarm clock for **Class X & above only**.

📌 **Items prohibited inside the Gurukul :**

- 1) Chocolates, Sweets, Bakery, Namkeen, or other fried/roasted snacks
- 2) Eatables with ingredients like Onion, Garlic, Asafoetida
- 3) Tea, Coffee, and any other such beverages
- 4) CASH Money for any reason (kindly deposit to the Pocket Money account)
- 5) Expensive Articles like gold/silver ornaments, electronic gadgets, digital gadgets, smartwatches, mobile, mp3 players, pen drives, etc.
- 6) CARD games like Card Suit, UNO, Business, Trump Cards, etc.

Note:

- Belonging checkups of cupboards, luggage/baggage, etc. may be occasionally done without any prior notice, to ensure only allowed items are with the students.
- We request you to take all prohibited items back to home at the time of reporting itself.
- In case, any disallowed items are found from the student afterward, the child is liable to face serious actions besides forfeiting the items.
- Gurukul shall under no circumstances in the loss/damage of any prohibited items, no matter how expensive or worthy it is.



Cloths & Cosmetics



cosmetic

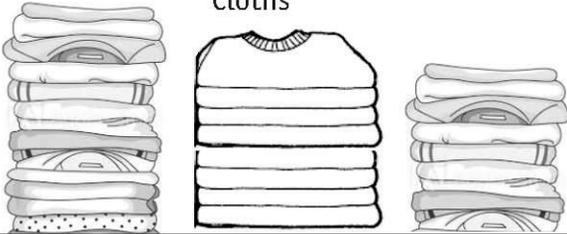
Pooja Set

God Temple

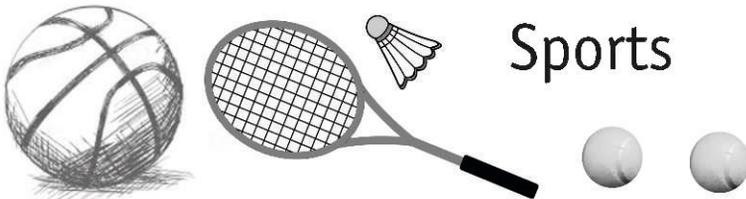


Locker

Cloths



Books



Sports

Foot wear

